



## **Curriculum Vitae**

### **Personal Information**

**Name: Deema Hamzeh Mahasneh**

**Date & place of birth: 16/05/1985**

**Nationality: Jordanian**

**Address: Associate Professor/Department of Adult Health Nursing  
Head of Adult Health Nursing Department  
Faculty of Nursing  
Mutah University  
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**Current Position: Head of Adult Health Nursing Departement**

**Academic Qualifications: PhD in Nursing/Adult Health Nursing,  
University of Nottingham, United  
Kingdom (2015)**

**MSc in Advanced Nursing, University of  
Nottingham, United Kingdom (2009)**

**BSc in Nursing, Mutah University,  
Jordan (2006)**

**2015: PhD Degree/ the University of Nottingham /UK**

**Thesis Title: The role of self-help group in Jordan following treatment for breast cancer**

**Supervisors: Professor Karen Cox and Professor Mark Avis**

**Brief Synopsis of Research:**

The thesis explored the women's experience of breast cancer in Jordan through semi structured interviews, and investigated the impact of the self-help group (Sanad) on their recovery. Interpretative approach, with semi-structured interviews. A purposive sample of 34 participants was recruited from the King Hussein Cancer Centre comprising 15 women with breast cancer who participated in Sanad group; 13 non-participating women; and 6 health care professionals (two nurses and four social workers). Data Analysis: All qualitative data were analyzed thematically using NVivo 9 software. Findings: The analysis revealed five categories and thirteen sub-categories. The first category was about decision-making: "finding other ways" involving two sub-categories focusing on the influences on making decisions and alternatives. The second category focused on the meaning of Sanad to women, involving three sub-categories, namely "getting out of the capsule", "being part of a new family" and "learning from each other". The third category focused on the perceived tensions in effective meetings involving two sub-categories: "it depends on who attends: behaviors and attributes in Sanad" and "from cohesion to disruption: dealing with loss in Sanad". The fourth category was about ideas of recovery for Sanad members and involved three sub-categories, namely "from isolation to 'recharging my battery'", "from reluctance to acceptance" and "from hopelessness to hopefulness". The fifth category addressed the ideas of recovery for non-attendees involving three sub-categories, from "being glued to my room to being attached to outside world", "from hopelessness to depression" and "from hesitation to rejection of the treatment plan". It was found that dominating the meetings, being sarcastic and underestimating the feelings of others play a major negative role in shaping discussions and create communication difficulties in Sanad meetings. Indeed, the current analysis shows a lack of hope among non-attendees of Sanad, feelings of helplessness,

and negative attitudes towards treatment itself. A conceptual model involving three spheres (family, Sanad and recovery) was designed to assist nurses in identifying factors affecting women's decisions about joining Sanad or not.

2008-2009 MSc in Advanced Nursing/The University of Nottingham/UK

### **Main Modules included**

- |                                 |                                    |
|---------------------------------|------------------------------------|
| ❑ Nursing Leadership            | ❑ Evidence Based Learning          |
| ❑ Advanced Nursing Practice (1) | ❑ Research Methods                 |
| ❑ Advanced Nursing Practice (2) | ❑ Infection Control                |
| ❑ Theory                        | ❑ Dissertation (Systematic Review) |
| ❑ Systematic review             |                                    |

### **Working Experience:**

Registered Nurse in the Intensive care unit (Adult, cardiac and Neuro intensive care units) from (2006-2008), Jordan Hospital, Amman, Jordan

Worked as a Research Assistant with Prof. Aru Narayanasamy (2009-2013), Health Science, Faculty of Medicine and Health Sciences, University of Nottingham, UK

Worked as a Study Interviewer in Hays Biobank (2009-2013), Nottingham, UK

### **Teaching Experience**

2015 to date: Associate professor of Adult Health Nursing at Mutah University, Jordan

### **Post Graduate:**

Research Methodology (Master degree)

### **Undergraduate:**

Physiology

Pathophysiology

Applied Nutrition

Adult Health Nursing I (Theory)

Adult Health Nursing I and II (clinical)

Fundamentals of nursing (Theory, lab and Clinical)

Physical assessment  
Contemporary Issues in Health and Nursing

**Workshops:**

2010: Using Nvivo® in the analysis of qualitative data, the University of Nottingham, UK

2009: Presentation Skills: Structure and Technique, The University of Nottingham, UK

2009: Creative thinking workshop, The University of Nottingham, UK

2009: IET Getting Your Research Published, The University of Nottingham, UK

2007: Basic of Cardiopulmonary Resuscitation Skills, Jordan Hospital, Jordan

2007: Infection Control Certificate, Jordan Hospital, Jordan

2005: First Aid Certificate, National Centre for First Aid and Risk Prevention, JORDAN RED CRESCENT, Jordan Hospital, Jordan

**Conferences:**

2019: Palliative care in Jordan: Accomplishments and challenges, Amman, Jordan

2019: High Fidelity Simulation Based Education, Mutah University, Jordan

2018: Clinical Nursing: Reality and Future Opportunities, Mutah University, Jordan

2011: Attended a National Cancer Support entitled "National Conference of Cancer Self-Help Groups". Manchester, UK

2010: Attended a seminar, entitled" Supportive and Palliative Care Research Group's PhD Day", Nottingham University, UK

2005: Nursing Profession in South of Jordan: (Challenge for Development), Mutah University, Jordan

2005: Thalassemia in Jordan, Mutah University, Jordan

### **Funded projects and scholarships:**

1. 2017, Securing a Fund of 100650 dollars for developing High Fidelity Simulation Research, Mutah University
2. 2009, International Research Excellence Scholarship, The University of Nottingham, UK
3. 2013, PhD scholarship from Mutah University, Jordan

### **Prizes:**

2006/2007 Princess Muna Al-Hussein Award: A certificate of appreciation scientific excellence in Nursing, Jordanian Nursing Council, Jordan

### **Publications Manuscripts:**

- 1- **Pediatric Nurses' Perceptions and Practices towards Family-Centered Care in Pediatric Setting: a Cross-Sectional Study (In press)**
- 2- **Effects of ambulation during first stage of labor on maternal and neonatal outcomes: A randomized controlled trial (In press)**
- 3- **Health-Promoting Lifestyles and Awareness of Diabetes in Adults with Type 2 Diabetes in Jordan (In press)**
- 4- Sengul T., Shoqirat N., Singh C., **Mahasneh D.**, Karadag A. (2022). A qualitative evaluation of online active learning modalities in the chronic wound management lecture of nursing students' experiences in Turkey. *Journal of Tissue Viability*.
- 5- **Mahasneh, D.**, Shoqirat, N., Alsarairh, A., Singh, C. and Thorpe, L. (2021). From Learning on Mannequins to Practicing on Patients: Nursing Students' First-Time Experience of Clinical Placement in Jordan. *Journal SAGE Open Nursing*, 7.

6- Al Adaileh, A. Obeidat, H., Khamaiseh, A., Al Nawafleh, A., **Mahasneh, D.** and Froelicher, E. (2021). The lived experience of Jordanian parents of children with cystic fibrosis: Qualitative study. *Journal of Pediatric Nursing*

7- **Mahasneh, D.**, Shoqirat, N., Charleen, S, Hawks,. ( 2020)“From the classroom to Dr. YouTube”: nursing students' experiences of learning and teaching styles in Jordan. *Teaching and Learning in Nursing*.  
<https://doi.org/10.1016/j.teln.2020.09.008>

8- **Mahasneh, D.**, Shoqirat, N., Al Hadid, L., Alja'afreh, M. A., & Shosha, G. M. A. (2020). Nursing students' experience of clinical supervision and contributing factors in Jordan. *Nurse Education Today*, 92, 104515.

9- Shoqirat, N., **Mahasneh, D.**, Al-Khawaldeh, O., and Al Hadid, L. (2019). Nurses' Knowledge, Attitudes, and Barriers Toward Pain Management Among Postoperative Patients in Jordan. *Journal of PeriAnesthesia Nursing*, 34(2), 359-367.

10- Shoqirat, N., **Mahasneh, D.**, Charleen, S & Al Hadid, L (2019). Do Surgical Patients' Characteristics and Behaviors affect Nurses' Pain Management Decisions in Jordanian university hospital?: A Qualitative Inquiry. *International Journal of Nursing Practice* .

11- Shoqirat, N., **Mahasneh, D.**, Al-Khawaldeh, O., & Singh, C. (2019). Postoperative patients in Jordan: Pain prevalence, characteristics, beliefs, and satisfaction. *Pain Management Nursing*.

12- Shoqirat, N., **Mahasneh, D.**, Al-Khawaldeh, O., & Singh, C. (2019). Using Opioids With Surgical Patients: Nurses' Attitudes and Experiences. *Journal of Trauma Nursing*, 26(1), 26-32.

13- Shoqirat, N., **Mahasneh, D.**, Dardas, L., Singh, C., & Khresheh, R. (2019). Nursing Documentation of Postoperative Pain Management: A Documentary Analysis. *Journal of nursing care quality*, 34(3), 279-284.

14- Shoqirat, N., **Mahasneh, D.**, Khresheh, R., Singh, C., Al-Momani, M. M., & Al-Kalaldeh, M. (2019). Factors Influencing

Patients' Experiences of Pain Management in the Emergency Department. Canadian Journal of Nursing Research, 52(1), 25-30.

**15-** Shoqirat, N., **Mahasneh, D.**, Singh, C., ALSagarat, A. Y., & Habashneh, S. (2019). Barriers to nursing pain management in the emergency department: A qualitative study. International journal of nursing practice, e12760

**16- Mahasneh,D** (2015). The role of self-help group in Jordan following treatment for breast cancer. Published online <http://eprints.nottingham.ac.uk/28416/>

### **MSc Supervision**

2021: Primary Supervisor, Thesis Title: Motherhood and reproductive health during hemodialysis: Women's experiences in Jordan, Mutah University, Jordan

2020: Primary Supervisor, Thesis Title: Experience-based decision making of Surgical treatment of women with early breast cancer in Jordan, Mutah University, Jordan

2020: Internal Examiner, Thesis Title: The Lived Experience of Jordanian Parents of Children with Cystic Fibrosis: Qualitative Study, Mutah University, Jordan

### **Main Committees**

1. Scientific Research and Ethics Committee
2. Postgraduate studies Committee
3. Quality assurance Committee
4. Member at Jordan Nurses and Midwives Council (JNMC)
5. Member at Mutah University Council

### **Current Projects**

Pain management

High fidelity simulation and clinical placement.

Palliative Care and End of life Care

Self- Help groups

Breast cancer

Qualitative research

## **Language Skills**

Fluent in Arabic and English (reading, speaking and writing skills)

2006: International Computer Driving License (ICDL), Mutah University,  
Jordan